



## ASHE CELEBRATES ITS STAR STUDENTS

A vast array of student achievements were celebrated at the fourth annual Academy of Sport Health and Education (ASHE) presentation dinner at the Sherbourne Terrace in Shepparton on Friday 14th December 2007.

The evening was highlighted by presentations of the major ASHE student awards for 2007 which for the first time included the Alumni Award presented to an ASHE graduate who had gone on to record outstanding results in either employment or further education.

ASHE Director Justin Mohamed said the evening ended an extraordinary year's work by what was the fourth cohort to graduate from ASHE and included a number of second and third year students.

"During this past year the students have achieved academically through their participation in the courses offered by the Academy, but have also grown personally through better understanding of their goals, and by taking steps towards attaining these," Justin said.

More than 60 students participated in full-time study programs with ASHE in 2007 and all of these were recognised for their participation.

**Pictured are Award winners (from left) Shae Parsons, Tammy-Lee Atkinson, Chris Turner, Brian Beckhurst, Daniel McCrimmon and Roland Atkinson**

*(see back page for more pictures)*



### Award Winners for 2007 were:

**Student of the Year – Certificate II: Daniel McCrimmon**

**Student of the Year – Certificate III: Doreen Wright**

**Student of the Year – Certificate IV: Chris Turner**

**Student Support Officers Awards: Brian Beckhurst and Tammy Atkinson**

**Sportspeople of the year: Troy Lovett and Tammy Atkinson**

**Goal Setting Award: Shae Parsons**

**Most Improved student Award: Misty Briggs**

**Peer voted award: Daniel McCrimmon**

**Alumni Award: Roland Atkinson**

## A message from the Director



Welcome to the first edition of "The Beat" for 2008.

I hope that you all had a restful holiday period as we get ready to commence another exciting year at ASHE.

Last year finished on a great note commencing with our inaugural partners thank you evening which recognised the valuable contribution made by various organisations to ASHE over the year. This was followed by our 2007 Presentation Night attended by staff, students (both past and current), families,

and friends. Both evenings were a great way to close 2007 and recognised the many great achievements.

When reflecting on the year, we have seen many of our students achieve and take on new challenges for the future which demonstrates the variety of their talents and their aspiration to achieve. This gives us a great platform for 2008 as the ASHE staff look at ways to fine tune the existing programs, while planning new opportunities for community members.

However as we move into the New Year we will unfortunately be saying good bye to a number of staff who are moving on to other opportunities within the community.

I would like to thank them for their time and contribution to ASHE and wish them all the best in their new roles.

Gilbert McAdam: Rumbalara Football Netball Club Inc

Kellie Vise: Goulburn-Murray Water

Nicole Morris: Rumbalara Aboriginal Co-operative Ltd

If 2007 was any indication of what this year is shaping into then we are in for a fantastic, exciting, challenging and rewarding 12 months. I hope you enjoy the first edition of "The Beat" for 2008.

I look forward to catching up with many of you throughout the year.

**Justin Mohamed, Director**

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ASHE is a joint initiative between:



# JARROD NAMED AS 2008 ESSENDON ROOKIE



Photo courtesy Shepparton News

ASHE student Jarrod Atkinson is within reach of his AFL dream after being drafted by Essendon onto its rookie list for the 2008 season.

Jarrold spent 2007 studying Certificate IV in Community Recreation with ASHE, not only to broaden his skills but also because it allowed him to focus on his dream of making it into the AFL.

That dream came true in November when Essendon named Jarrod as one of its rookies for the 2008 season.

At any time during a season (pending long-term injuries to other players) AFL clubs can promote rookies to their senior list and choose them for AFL games. That's what Jarrod is hoping for now he has been given his chance with the Bombers.

"It's going really well so far and I can't wait to get into the football games," Jarrod said.

When Jarrod is not playing with Essendon, he will turn out with Bendigo Bombers in the VFL where amazingly he will be coached by his former Rumba mentor and former ASHE team member Adrian Hickmott.

# PARTNERSHIPS CELEBRATED

ASHE took great pride in staging a recognition evening for its supporting partners as part of the 2007 end of year festivities.



Felicia Dean & Chana Orloff

The event recognised the many individuals and organisations whose contributions enable ASHE to offer its students full-time education programs consisting not only of engaging and highly relevant training but also exciting extracurricular opportunities.

ASHE Director Justin Mohamed said maintaining and developing community support was crucial to ASHE fulfilling its potential as a community education program.

"The ASHE experience is an all-encompassing one for our students and this would not be possible without the support of so many different individuals and organisations," Justin said. (see back page for more pictures)



Pictured enjoying the evening are (from left: Paul Briggs, Janette Bruinier, Steve Rothfield and Adrian Orloff

# ASHE SPORTS DAY AT VERNEY ROAD SCHOOL



Jason Briggs gets the students involved

ASHE has built on its support for Greater Shepparton schools by holding a successful activity program with Verney Rd School during the final term of 2007. Based in Shepparton, Verney Rd School is focused on providing educational opportunities for children with special needs.

After a small number of Verney Rd students participated in the annual ASHEletics carnival, ASHE staff member Jason Briggs began working with Verney Rd staff on planning a similar sports day for all Verney Rd students.

"It ended up being a fantastic day and I really hope we can keep building on this association with Verney Rd," Jason said.

"It's not just the Verney Rd students who get a lot out of an event like this. Our students learnt a lot as well and also got a great sense of achievement and satisfaction."

As part of his expanding role with ASHE, Jason also coordinated an eight-week mentoring program for a number of male students from Shepparton High School during term four. The program aimed at promoting the students' engagement with their studies at school.



Gilbert McAdam talks footy with the Verney Road Students

# TAMMY-LEE CHASES HER DREAMS IN 2008 AT RMIT

Outstanding ASHE 2007 student Tammy-Lee Atkinson is looking forward to an exciting future after winning a scholarship to undertake Certificate IV in Youth Work at RMIT in Melbourne this year. Tammy-Lee joined ASHE in 2007 after completing Year 12 at Mooroopna Secondary College.

"I had no idea on what path to take, where to study or what career to choose," Tammy-Lee said. "I then decided to study at ASHE as I was still unsure about what the world could offer me. ASHE was certainly the best choice I made."

Completing the Certificate III in Sport program at ASHE was only one of the 2007 highlights for Tammy-Lee. She participated in the Indigenous Youth Leadership Program through FaHCSIA (Department of Families, Housing, Community Services and Indigenous Affairs). Along with attending week-long training blocks in Canberra, Coffs Harbour, Alice Springs and Maroochydore during the year, Tammy-Lee prepared her own leadership program for high achieving indigenous students at her former school in Mooroopna. "There weren't enough reward-oriented programs for indigenous students who were achieving positive outcomes in their education so that's how Proud 2 Achieve came about," Tammy said.



We wish Tammy-Lee the best of luck for her future, we know it will be bright.

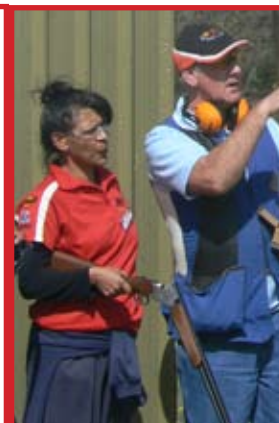
## SHOOTING PROGRAM A DIRECT HIT

ASHE broke new ground this year when it joined with the Sporting Shooters Association of Victoria to run a 10-week introductory program for students.

Overseen by ASHE Sport and Personal Development Officer Gilbert McAdam, the program gave students the chance to try a sport none had previously had the opportunity to participate in.

It began with two weeks safety training at ASHE with regional firearms officer Greg Pegg before the students took to the range for the final eight weeks of term three. The students had great teachers in the committed band of volunteers from the Shepparton club who amazed everyone with their commitment to the program.

"It was a great program and we could not have hoped for better support from the local club members who were there every week to help us out," Gilbert said.



ASHE Student Doreen Wright gets some shooting pointers

## STUDENTS HONOURED

ASHE staff and students have again featured prominently in the annual Ganbina Education, Training and Employment Achievement Awards.

Tammy-Lee Atkinson and Luke Brown both won Training Achievement Awards while ASHE's Careers Officer Rebecca Presser and former student Jamie Atkinson were recognised in the employment category.

The awards were a great encouragement for Tammy-Lee and Luke are both looking to continue their education careers in 2008 with Tammy being accepted into RMIT and Luke returning to Wanganui Secondary College.

There was no more worthy award recipient than ASHE's own Rebecca Presser whose motivation and support for students in her first 12 months as our careers officer has been an enormous boost to the program.

## ASHE SET TO TAKE OFF IN 2008

Another bumper year for ASHE will kick-off with the commencement of full-time courses on Monday, February 11 2008. Enrolments for the new year have opened with ASHE once again offering programs at certificate two, three and four levels.

The three diverse training programs will once again be underpinned by careers advice and support, individual learning opportunities and a range of extracurricular activities including camps, an exciting new health initiative and an expanded cultural program for students.

Another notable addition to the ASHE program this year is Bluearth which incorporates mind, body and spirit through participation in physical activity to promote a more healthy, active and positive approach to life.

ASHE is also combining with its training partner Goulburn Ovens Institute of TAFE to run a bridging program for younger less confident or experienced students in term one of this year to ensure they choose the most appropriate training options in 2008. Students looking to enrol at ASHE should phone 58236600 to make an appointment or make their way to the ASHE enrolment centre at 21 Nixon St, Shepparton.

For more information go to [www.ashe.com.au](http://www.ashe.com.au)

# Photo Corner: Graduation and Partners Night



# CHRISTMAS CHEER AT CUMMERA

ASHE staff and students brought a bus-load of Christmas cheer as they joined with Cummeragunja to help celebrate the community's annual kids Christmas party.

The kids Christmas has a long history at Cummera and ASHE was delighted to be able to join in the celebrations this year.

ASHE's participation in the event was a major initiative of the ASHE Student Council and included fundraising for small gifts for the young children and also sourcing Christmas hampers for families living on the historic mission.

ASHE was also delighted to present the Cummera community with its own sports kit including cricket bats and balls, tennis racquets and other sports equipment.

ASHE Student Council member Doreen Wright said she was thankful to the Cummeragunja community for allowing ASHE to join in with the Christmas Party this year.

"It was a great experience for all of us and hopefully ASHE will be able to attend the party each year," Doreen said.

The Cummera trip wrapped up an amazing year for the student council which played a leading role in promoting ASHE education programs, planning extracurricular activities and providing feedback on ASHE progress. The council members for 2007 were Troy Lovett, Chris Turner, Shae Parsons, Claude Jackson, Doreen Wright and Daniel McCrimmon.



**Charles "Santa" Jackson**

## WHAT'S UP

**Monday Feb 11**  
ASHE full-time programs commence.

**Friday, March 21:**  
Good Friday (Term 1 holidays commence)

**Saturday, April 5**  
Rumbalara football and netball seasons commence (RFNC vs Mulwala at Mulwala).

**Monday, April 21-Thursday, April 24:**  
ASHE Camp (venue to be confirmed)

**FOR FURTHER INFORMATION ON THESE EVENTS CALL ASHE ON 5823 6600**

## contact us

To submit an item for consideration for the ASHE Newsletter, contact Phillip Guthrie on 5823 6600 or via email on [pguthrie@ashe.com.au](mailto:pguthrie@ashe.com.au)

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