



## \$2.7 Million Secures the Future for ASHE

As part of the recent State Budget announcement, Victorian Aboriginal Affairs Minister Gavin Jennings announced a \$2.7 million funding package over four years to secure the future of the ASHE program.

The Minister said that the funding would help address disadvantage in Aboriginal Victoria and would be spent on providing a range of Certificate courses in the sport and health fields.

The support also ensures the future for the Certificate II and III in Sport programs currently running.

ASHE Director Justin Mohamed was thrilled with the announcement and was pleased to receive the grant after the success of the pilot program.

"We want to continue what we have established with ASHE and to expand that and explore other avenues of generating programs which inspire young indigenous people to study," he said.



ASHE staff and students met Minister Jennings during a recent visit to ASHE (see story inside).

## ASHE Students Elect New Student Council

ASHE is delighted to announce the appointment of its student council for 2006.

The council was appointed following a student vote in April which came up with George Briggs, Darren Turner, Ayla Day and Pat Egan as the elected student representatives for this year. All four councillors are studying Certificate III in Sport (Career-Oriented

Participation) full-time at ASHE this year.

ASHE Program Coordinator Phillip Guthrie said the council was a critical piece in the puzzle as ASHE looked to make sure it was always meeting the needs of its students in the best way possible.

"Our students are the reason ASHE was established and it's vital the students have strong input not only in the day-to-day issues facing ASHE but also its long-term development," Mr Guthrie said.

"The student council will be a means for achieving this," he added.

Of the four student councillors, three are in their first year at ASHE. Darren Turner has continuing his involvement with ASHE from 2005 when he completed the Certificate II in Sport program.

"For me, it's a great honour to be on the council and I'm really looking forward to the challenge," Darren said.

The council met for the first time this month.



ASHE's new Student Council members (L-R): George Briggs, Ayla Day, Darren Turner and Patricia Egan

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ASHE is a joint initiative between:



# Saving Lives & Healthy Lifestyles

Over the past two months ASHE students have participated in a range of training activities aimed at promoting the development of lifesaving skills, improving and honing their first aid skills, as well as improving their sense of wellbeing and general fitness.

## First Aid Level II Training

The first half of ASHE's large student cohort have had a ball completing their Level II First Aid qualification under the guidance of First Aid specialist Owen Watt. ASHE Go Girls participants are in the process of completing their First Aid Level II Training, while the remainder of full-time students will participate in their training in July.

## Pool Lifeguard Course

ASHE's full-time male students made an exciting start to their academic year by completing pool lifeguard training during March at Aquamoves, Lakeside Shepparton. ASHE full-time and part-time female students will have the chance to complete Pool Lifeguard training over three day sessions at Aquamoves from Tuesday 22nd to Thursday 24th August 2006.

## Introduction to Massage

While the ASHE boys were making a splash in the water, the full-time ASHE female students were treated to a taste of massage therapy under the expert guidance of Cilla Atkinson. Cilla will return to ASHE for a second 'Introduction to Massage' course as part of the ASHE Go Girls program on Wednesday 21st and 28th June 2006. To be a part of the ASHE Go Girls program or for more information, phone ASHE on 58236600.

## Gym and Aerobics Sessions

ASHE students are making the most of our new partnership with Shepparton fitness centre Aquamoves by boosting their health and fitness levels. All full time and some part time students receive Aquamoves memberships as part of their participation in ASHE courses.

## ASHE students training hard...

...during First Aid training...



...for the Pool Lifeguard Course...



...at the Introduction to Massage course...



# Indigenous Women in Coaching

by ASHE netball specialisation coach  
Janette Bruinier

ASHE's Indigenous Women in Coaching Program is nearing completion with 12 coaches having participated in five of the course units. The final two sessions will be the Level One Coaching Assessment, which 15 coaches will attend.

Each of the sessions proved to be a lot of fun and very informative. Adrian Hickmott gave an entertaining and very informative presentation about being in a team and getting on with teammates from his career in the AFL.. There was also a practical skills session with Robyn Smith, a highly accredited coach who has worked at many different levels.

Participants were treated to a session attended by Bianca Franklin who is a member of the Australian U21 Australian Open Squad, Melbourne Kestrels and journalist for the Koorie Mail.

Overall the course has been extremely successful and we wish the girls the best of luck with the accreditation assessment. With this many accredited coaches the future of netball looks fantastic.



IWIC students (L-R) Rebecca Atkinson and Doreen Wright with Bianca Franklin (centre)

# ASHE Welcomes Latest Recruit

ASHE is delighted to welcome its newest team member, Corey Walker. Corey joins the ASHE staff as the Indigenous Youth Mobility Project (IYMP) support worker. IYMP is a joint initiative between ASHE and the Goulburn Ovens Institute of TAFE.

The IYMP has been set up to provide training opportunities in Shepparton for young people from rural and remote areas of Australia. Corey is a renowned member of the Rumbalara community and is currently coaching the Rumbalara Football Netball Club Reserves team. He brings wide experience to his IYMP role including a building apprenticeship and two years at Camp Jungai Outdoor Adventure camp.

Corey is looking forward to his new role and to working with the IYMP students, as he enjoys helping people succeed in what ever they choose to do. If you would like more information about the program, contact Corey on 5823 6600 or drop into the ASHE office Tuesday to Thursday.



## Koori Youth Achiever Program Kicks Off



Pictured (L-R) are 2006 participants Kurtis Atkinson, Kristy Mahy and Aleysha Appo

ASHE and the University of Melbourne are delighted to support a new leadership program for indigenous young people being run by Ganbina Koori Economic Employment and Training Agency.

The program aims to invest in our next generation of leaders by giving young indigenous people the opportunity to learn all about community leadership. Participants for 2006 Kurtis Atkinson, Aleasha Appo and Kristy Mahy recently visited ASHE to help foster their community awareness and speak with senior ASHE

staff about the development of ASHE and its hopes for the future. The students also visited the University of Melbourne's Parkville campus. Upcoming components of the program include trips to Canberra, Sydney, Cape York and New Zealand to gain exposure to a wide range of issues and initiatives.

### ASHE STUDENT NEWS

Well done to Chris Das and his partner Kristy Baksh on the birth of their son Ikwa. No doubt Chris might be a bit bleary eyed over the next few months but all the hard work will be worth it. Becoming a parent is one of the best things in the world and we wish Chris and Kristy all the best on their exciting journey.

Also well done to Col Colger and Chris Mansfield on their recent trip to Melbourne to complete digital storytelling training. The boys had a great time and have great ideas for some of the film and video projects they are already undertaking here at ASHE. It's great to see so many ASHE students participating in different activities on top of their school work.

### Tammy-Lee Experiences ASHE

Mooroopna Secondary College student, Tammy-Lee Atkinson recently completed a week of work experience at ASHE. Tammy is in year ten at MSC is completing the Victorian Certificate of Applied Learning (VCAL).

During her week at ASHE Tammy -Lee learnt about the role of the student support officers and the program coordinator and sat in on a number of classes. Tammy-Lee fitted in really well at ASHE and we hope she enjoyed her week. We wish Tammy-Lee the best of luck in her future studies.

Pictured right: Work experience student Tammy-Lee Atkinson with ASHE Program Coordinator Phillip Guthrie.



## ASHE Hub of Ministerial Importance

ASHE has been a hub of activity recently, hosting two visits of ministerial proportions: one from Minister Gavin Jennings, and the other from the Victorian Communities Ministerial Advisory Committee chaired by the Honourable Joan Kirner, AM.

State Aboriginal Affairs Minister Gavin Jennings' recent visit was timely as it came just prior to his announcement of the State Government's \$2.7million dollar commitment to ASHE over the next four years. He met with many of the students and discussed the program with ASHE staff (see photo above).

The aim of the Victorian Communities Ministerial Advisory Committee's visit was to introduce committee members to the key people, programs and initiatives for which the Department for Victorian Communities provides State Government support.

Pictured during the Victorian Communities Ministerial Advisory Committee's ASHE visit: (back, L-R:) John Murray, ASHE staff Phillip Guthrie, Jason Briggs and Justin Mohamed, with Paul Briggs, (front, L-R:) the University of Melbourne's Manager - Goulburn Valley Partnerships Sally Simson and the Hon Joan Kirner AM.



# Photo Corner: ASHE Family BBO



ASHE wound up a successful start to 2006 with an end-of-term family BBO at Easter. Students and staff enjoyed the opportunity to take time to relax. ASHE Staff warmly invites all family and friends to participate in ASHE community activities. If you want to hear more about these events, contact Phil Guthrie on 5823 6600.



## “ASHE”LETICS - The Next Big Thing For Schools

ASHE is gearing up for NAIDOC Week, when it will stage a major primary school traditional games carnival, “ASHE”LETICS.

ASHE students have been learning the finer skills of a series of traditional games as part of their studies this year and are looking forward to putting their new-found skills to good use.

Expert tuition for the ASHE crew was provided by Sport and Recreation Victoria’s Indigenous Sport Development Officer Peter Mongta. Peter (shown here to right) taught the ASHE students skills in four games in particular:



**Buroinjin:** Similar to basketball, the game is played with a ball made up of kangaroo skin, called a buroinjin.

**Gorri:** A disc is thrown along a line with players required to try and strike the moving disc from a distance of about 15m to score points for their team. Accuracy of the eye and speed in casting the spear were learned from this game.

**Battendi:** This game was set up to enhance both a spear-thrower’s accuracy and distance. Points are awarded on both bases, with the target throws making for a particularly entertaining contest.



ASHE students demonstrate traditional indigenous games

**Pulyugge:** Players prevent themselves from being tagged while in possession of a ball which can vary in size but is normally made of bound animal skin with either grass or charcoal as filling.

The “ASHE”LETICS Carnival will be held at Shepparton Sports Stadium on Wednesday 5th July as part of students’ business studies. For more information on the carnival phone the world famous “ASHE”LETICS C-E-O George Briggs on 5823 6600.

### WHAT’S UP?

**ASHE ANNUAL CAMP**  
Tuesday 13th to  
Thursday 15th June 2006  
Camp Jungai, Thornton

**ASHE TERM BREAK**  
Friday 16th June to  
Monday 3rd July 2006.

**‘ASHE’LETICS  
TRADITIONAL GAMES  
CARNIVAL**  
Wednesday 5th July  
2006,  
10.00am to 3.00pm  
Shepparton Sports  
Stadium  
Numurkah Road,  
Shepparton

**ASHE LEVEL 1 SPORTS  
TRAINER COURSE**  
15th -16th August 2006  
10.00am - 3.00pm.

**ASHE SHORT COURSE**  
‘Making Meetings Matter’  
Thursday 17th August  
2006. 10.00am to  
3.00pm.

**FOR MORE INFO ON  
THESE EVENTS CALL  
ASHE ON 5823 6600**

## contact us

To submit an item for consideration for the ASHE Newsletter, contact Phillip Guthrie on 5823 6600 or via email on [pguthrie@unimelb.edu.au](mailto:pguthrie@unimelb.edu.au).

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